## WHAT IS CLAIMED IS:

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1. A sauna cabin assembly system, for enabling the assembly of a front panel of a sauna cabin to each of a pair of side panels of the sauna cabin, so as to hide a plurality of securing elements for securing the front panel and each of the pair of side panels together, comprising:

a plurality of securing elements, including a plurality of front panel edge securing elements, and a plurality of side panel edge securing elements which are complementary to and interengageable with the plurality of front panel edge securing elements, to enable the assembly of the sauna cabin front panel to each of the pair of sauna cabin side panels, so as to hide the plurality of securing elements.

- 2. The system of claim 1, wherein each of the plurality of front panel edge securing elements comprises a front panel edge bracket.
- 3. The system of claim 1, wherein each of the plurality of side panel edge securing elements comprises a side panel edge bracket.
- 4. The system of claim 2, wherein each of the plurality of front panel edge brackets includes a pair of side securable portions and a medial interengageable portion.
- 5. The system of claim 3, wherein each of the plurality of side panel edge brackets includes a pair of side securable portions and a medial 20 interengageable portion.

6. The system of claim 4, wherein each of the plurality of side panel edge brackets includes a pair of side securable portions and a medial interengageable portion, and wherein the pair of side securable portions of each of the plurality of side panel edge brackets are securable to one of the pair of side panels and the medial interengageable portion of each of the plurality of side panel edge brackets is engageable with the medial interengageable portion of each of the plurality of front panel edge brackets.

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- 7. The system of claim 4, wherein each of the plurality of front panel edge brackets comprises a generally w-shaped bracket.
- 10 8. The system of claim 5, wherein each of the plurality of side panel edge brackets comprises a generally m-shaped bracket.
  - 9. A sauna cabin assembly system, for enabling the assembly of a front panel of a sauna cabin to each of a pair of side panels of the sauna cabin, so as to hide a plurality of securing elements for securing the front panel and each of the pair of side panels together, comprising:

securing means, including front panel edge securing means, and side panel edge securing means which are complementary to and interengageable with the front panel edge securing means, to enable the assembly of the sauna cabin front panel to each of the pair of sauna cabin side panels, so as to hide the securing means.

10. A method of assembling a sauna cabin, for enabling the assembly of a front panel of the sauna cabin to each of a pair of side panels of the sauna cabin, so as to hide a plurality of securing elements for securing the front panel and each of the pair of side panels together, in a system which includes a plurality of securing elements, including a plurality of front panel edge securing elements, and a plurality of side panel edge securing elements which are complementary to and interengageable with the plurality of front panel edge securing elements, to enable the assembly of the sauna cabin front panel to each of the pair of sauna cabin side panels, so as to hide the plurality of securing elements, wherein the method comprises:

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assembling the sauna cabin front panel to each of the pair of sauna cabin side panels, comprising interengaging the plurality of front panel edge securing elements with the complimentary and interengageble plurality of side panel edge securing elements.

- 11. The method of claim 10, wherein each of the plurality of front panel edge securing elements comprises a front panel edge bracket, and wherein interengaging comprises interengaging each of the plurality of front panel edge brackets with the complimentary and interengageable plurality of side panel edge securing elements.
- 20 12. The method of claim 10, wherein each of the plurality of side panel edge securing elements comprises a side panel edge bracket, and wherein interengaging comprises interengaging each of the plurality of side panel edge brackets with the complementary and interengageable plurality of front panel edge securing elements.

13. The method of claim 11, wherein each of the plurality of front panel edge brackets includes a pair of side securable portions and a medial interengageable portion, and wherein interengaging comprises interengaging the medial interengageable portion of each of the plurality of front panel edge brackets with the complementary and interengageable plurality of side panel edge securing elements.

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- 14. The method of claim 12, wherein each of the plurality of side panel edge brackets includes a pair of side securable portions and a medial interengageable portion, and wherein interengaging comprises interengaging the medial interengageable portion of each of the side panel edge brackets with the complementary and interengageable plurality of front panel edge securing elements.
- 15. The method of claim 13, wherein each of the plurality of side panel edge brackets includes a pair of side securable portions and a medial interengageable portion, and wherein each front panel medial interengageable portion is engageable with a side panel medial interengageable portion, and wherein interengaging comprises interengaging the medial interengageable portion of each of the plurality of side panel edge brackets with the medial interengageable portion of each of the complementary and interengageable plurality of front panel edge brackets.
- 20 16. The method of claim 13, wherein each of the plurality of front panel edge brackets comprises a generally w-shaped bracket, and wherein interengaging comprises interengaging the plurality of generally w-shaped front panel edge brackets with the complementary and interengagable plurality of side panel edge brackets.

17. The method of claim 14, wherein each of the plurality of side panel edge brackets comprises a generally m-shaped bracket, and wherein interengaging comprises interengaging the generally m-shaped side panel edge securing elements with the complementary and interengagable plurality of front panel edge securing elements.

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- 18. A method of assembling a sauna cabin, for enabling the assembly of a front panel of a sauna cabin to each of a pair of side panels of the sauna cabin, so as to hide a plurality of securing elements for securing the front panel and each of the pair of side panels together, in a system which includes securing means, including front panel edge securing means, and side panel edge securing means which are complementary to and interengageable with the front panel edge securing means, to enable the assembly of the sauna cabin front panel to each of the pair of sauna cabin side panels, so as to hide the securing means, wherein the method comprises:
- assembling the sauna cabin front panel to each of the pair of sauna cabin side panels, comprising interengaging the plurality of front panel edge securing means with the complementary and interengageable plurality of side panel edge securing means.